I claim:

1. A method of manufacturing an article for packaging food comprising

providing a top sheet of a first flexible material, wherein the top sheet has an outer surface and an inner surface;

providing a bottom sheet of a second flexible material, wherein the bottom sheet has an outer surface and an inner surface;

positioning the inner surface of the top sheet adjacent to or in contact with the inner surface of the bottom sheet; and

securing selected areas of the inner surface of the top sheet to selected areas of the inner surface of the bottom sheet, thereby defining sealing edges of one or more triangularly shaped pouches between the top layer and the bottom layer.

2. The method of claim 1 wherein the securing is by fusion or adhesion.

3. The method of claim 2 wherein the fusion is by ultrasonic welding.

4. The method of claim 1 wherein the first flexible material, the second flexible material, or both comprise a metal foil.

5. The method of claim 1 further comprising forming perforations or scores in the top sheet.

6. The method of claim 1 wherein two or more of the triangularly shaped pouches are formed, the method further comprising forming perforations or scores in both the top sheet and the bottom sheet at the sealing edges between the pouches, to facilitate separation of the pouches from one another.

7. The method of claim 6 further comprising wrapping each row around itself to form a cylindrical roll.

8. The method of claim 6 wherein the first material and the second material comprise a metal foil.

9. A method of packaging food items, the method comprising

providing an article having a triangularly shaped pouch formed between a top layer of a first flexible material which has two sealing edges and one opening edge and a bottom layer of a second flexible material which has two sealing edges and one opening edge, wherein the sealing edges of the top layer are secured to the sealing edges of the bottom layer, and wherein the pouch has an opening between the opening edges;

inserting a food item into the opening; and

pinching the opening edge of the top layer together with the opening edge of the bottom layer, so as to close the opening of the pouch.

10. The method of claim 9 further comprising folding both of the opening edges back towards either the top layer or the bottom layer, thereby substantially sealing the pouch closed.

11. A method of manufacturing a food packaging article comprising a pouch, the method comprising

providing a top sheet of a first flexible material, wherein the top sheet has an outer surface and an inner surface;

providing a bottom sheet of a second flexible material, wherein the bottom sheet has an outer surface and an inner surface;

positioning the inner surface of the top sheet adjacent to or in contact with the inner surface of the bottom sheet; and

securing selected areas of the inner surface of the top sheet to selected areas of the inner surface of the bottom sheet, thereby defining sealing edges of a plurality of pouches between the top layer and the bottom layer, each pouch corresponding to an individual food packaging article,

wherein the securing is conducted by ultrasonic welding using at least two weld heads, at least two of which are each positioned to weld lines at different angles from one another at the selected areas.